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Biographical Information-Intake Form

Please fill out this biographical background form as completely as possible. It will help me in our work together. Information is confidential as outlined in the Office Policy form and the HIPAA Notice of Privacy Practices. If you do not desire to answer any question, merely write, "Do not care to answer." Please print or write clearly and bring it with you to the first session.

Name: _____ Gender: ___ Age: _____ Date: _____

Address: _____

Cell Phone: _____ Fax: _____ Other Phone: _____

E-mail address (Print): _____

Best way to contact for routine messages (check all that apply):

Phone Email Text

Best way to contact for confidential/private messages (check all that apply): Phone Email Text

Person & Phone No. To call in emergency: _____

Referral Source: _____

Occupation (former. if retired): _____

Presenting Problem (be as specific as you can: when did it start, how does it affect you...): _____

Estimate the severity of above problem:

Mild Moderate Severe Very severe

Current marital status: _____

Past & present marriage/s (years together, names & statement about the nature of the relationship/s, i.e., friendly, distant, physically/emotionally abusive, loving, hostile):

Present spouse/partner/significant other: _____ Gender: _____

Children/Step/Grand (names/ages & brief statement on your relationship with the person)

1. _____
2. _____
3. _____
4. _____

Parents/Step-Parents (Name/age or year of death/cause of death, occupation, personality, how did s/he treat you, brief statement about the relationship):

Father: _____

Mother: _____

Step-parents _____

Siblings (name/age, if dead: age and cause of death & brief statement about the relationship):

1. _____
2. _____
3. _____
4. _____

Medical Doctor(s) (name /phone): _____

Past/Present Medical Care (major medical problems, surgeries, accidents, falls, illness):

Specify medication you are presently taking and for what:

Past/Present Drug/Alcohol Use/Abuse (AA, NA, treatments):

Suicide attempt(s) or violent behavior (describe: ages, reasons, circumstances, how, etc)

Family medical history (Describe any illness that runs in the family: cancer, epilepsy, etc):

Friendships, Community, & Spirituality (Describe quality, frequency, activities, etc.):

Past/Present Psychotherapy (specify: month year/s (beginning—end), estimated no. of sessions, name, degree, phone & address, initial reason for therapy, Ind/Couple/Family, medication, brief description of the relationship and how helpful it was, and how/why it ended):

1. _____

2. _____

3. _____

Please use other side of the page to write about therapists.

Describe your childhood in general (Relationships with parents, siblings, others, school, neighborhood, relocations, any school/ behavioral/ problems, abusive/alcoholic parent):

Family History of Alcoholism, Mental Illness, or violence (including suicide, depression, hospitalizations in mental institutions, abuse, etc.):

Are you involved in any current or pending civil or criminal litigation(s), lawsuit(s), or divorce or custody dispute(s)? (if you answer Yes, please explain):

What gives you the most joy or pleasure in your life?

What are your main worries and fears?

What are your most important hopes or dreams?

Please add on the other side of the page or on a separate page any other information you would like me to know about you and your situation.